LETTER FROM THE PRESIDENT

Austin Child Guidance Center has been a huge part of my life. I am thankful for the services my daughter and I received years ago and I can only imagine how Austin Child Guidance Center’s services have impacted the lives of so many others. For over 50 years Austin Child Guidance Center has delivered exceptional mental health services to children and their families. In my eyes, Austin Child Guidance Center is working very hard to make the world a better place! Since I have been on the board of directors for the last five years, I have met some of the most incredible people that I will never forget. These people are true friends and supporters of Austin Child Guidance Center.

Our vision in 2005 was to continue to increase our marketing and fundraising efforts in order to better inform the public of our services and to raise more unrestricted dollars. This vision became a reality with the addition of a new development director and a 21% increase in our operating budget. This focus changes the process of how we can open the ears of the public to unfamiliar sounds of the children and their families that are calling out for emotional help and stability. Just listening is the first step. When you hear the sounds of healing taking place it sounds like children laughing or communicating with other people without fear or shame. What you see is a slight smile on a child’s face that has been treated kindly and given guidance to live a healthy, happy life.

Our supporters have been a huge part of the success of this facility. By working together we are actually working miracles! The journey for healthy children and their families continues and I hope you will also continue your generous support.

With sincere thanks,

Beth Marsh, President

WHAT IS AUSTIN CHILD GUIDANCE CENTER?

Sometimes life is hard. When parents divorce, a teen may feel angry and isolated. When a child cannot sit still in school, he can be sent frequently to the principal’s office. When a toddler has been abused, she may not trust her new foster parents. When a preschooler bullies his classmates, he could be kicked out of daycare. When a child is diagnosed with a mental illness, a parent can feel helpless and confused. When a grandparent dies, a teenager can feel lonely and might cry for weeks. Sometimes it can be so overwhelming. Parents have tried everything and still can’t make things better. When life is hard, Austin Child Guidance Center helps children and families deal with those challenges. We give them hope. We provide a safe place for families to talk with a therapist. Parents learn new skills and tools to help their children. We strive to help children and adolescents have successful lives at school, with friends, and with their family.

Austin Child Guidance Center is a community agency with expertise in children’s mental health. Our unique team of professionals offers a variety of therapy and mental health services. Our psychiatrists, psychologists, social workers, and counselors develop individualized treatment plans to help children and adolescents have successful lives at school, with friends, and with their family.

OUR MISSION

To improve the mental health of children and their families through early intervention, diagnosis, and treatment by helping them to develop the emotional skills for meeting life’s challenges.

OUR TEAM

A multidisciplinary team of psychiatrists, psychologists, social workers, and counselors provides individual, family, and group therapy; psychiatric and psychological services; parent education; community consultations and presentations; and training to current and future mental health professionals.
SERVICES

INDIVIDUAL & FAMILY THERAPY
352 Children in Individual Therapy
358 Families in Family Therapy
We value helping children not in isolation but as a family and community system. Therapy is responsive to the needs of the client, builds on their strengths, and takes into account cultural differences.

“I enjoy talking with the therapist. He was very nice.”
- Yolando, child

“Opened my eyes to things I’m experiencing at home.”
- Yvette, teen

GROUP THERAPY
209 Children
In a group setting with their peers, children learn how to be a good friend, practice problem-solving, and build self-esteem. Groups are for preschoolers, 6-9 year olds, 9-12 year olds, and adolescents.

“They are knowledgeable about child psychiatry issues and responded appropriately. They set goals and we were able to reach them!”
- Gina, parent

“Everything is so exciting about learning what we can do to handle life and get back on the right track!”
- Carrie, parent

PSYCHOLOGICAL SERVICES
41 Assessments and 18 Screened for ADHD Class
Sometimes children presenting with a multitude of problems that do not have a clear cause require in-depth psychological assessments to identify specific challenges and give treatment recommendations.

“Serious helping children not in isolation but as a family and community system. Therapy is responsive to the needs of the client, builds on their strengths, and takes into account cultural differences.”

PSYCHIATRIC SERVICES
60 Evaluations and 65 Children Monitored
For clients who may benefit from the use of medication, a psychiatric evaluation is administered. If prescribed, medication is monitored for efficacy and side effects.

“Felt like they’re knowledgeable about child psychiatry issues and responded appropriately. They set goals and we were able to reach them!”
- Gina, parent

“Serious helping children not in isolation but as a family and community system. Therapy is responsive to the needs of the client, builds on their strengths, and takes into account cultural differences.”

PARENT EDUCATION CLASSES
226 Events
A variety of classes are offered including Enhancing the Parent-Child Relationship, Moving Through: Basic Tools for Divorcing Parents, and Attention Deficit Hyperactivity Disorder (ADHD) Parenting Class.

“I was able to gain a different perspective on my case from my supervisor and broaden my knowledge base of various theoretical orientations.”
- Intern

PROFESSIONAL EDUCATION
469 Training Attendees & 14 Graduate Interns
By providing monthly professional trainings and supervising graduate interns, we are enriching the depth of knowledge for staff and community mental health professionals. We hosted the 22nd Annual Children’s Mental Health Seminar featuring the evidence-based parenting program Incredible Years.

“I was able to gain a different perspective on my case from my supervisor and broaden my knowledge base of various theoretical orientations.”
- Intern

4 5
Fiscal Year 2005: September 1, 2004 – August 31, 2005

SERVICES
Children and family members served 2,033
Hours of service provided 18,784
Numbers of sessions or contacts 11,056
Other individuals served 1,652
(through community consultations and presentations)
Volunteer Childcare Hours Provided 2,831

ETHNICITY
African American 16%
Anglo 38%
Hispanic 43%
Other 3%

AGE
5 and under= 33%, 6 – 12= 40%, 13 – 17= 27%

GENDER
Male 42%  Female: 58%

LOW INCOME FAMILIES – 79%
Clients living at or below 200% of federal poverty level, i.e. a family of four having an annual income of less than $38,700

OUTCOME DATA
89% of children receiving counseling services showed improvement in their ability to function.

PRIMARY DIAGNOSIS OF CHILDREN SERVED
Most often, children have multiple diagnoses; the following are the types of primary diagnosis of the children served onsite:

1. Discourse Behavior Disorders such as Attention Deficit Hyperactivity, Conduct, and Oppositional Defiant Disorders
2. Mood Disorders such as Bipolar, Dysthymic, and Depressive Disorders

STATISCAL SNAPSHOT

COLLABORATIONS

NEXT STEP
In partnership with LifeWorks, led therapy groups at Becker and Zavala Elementary and Fulmore Middle School to develop skills in resolving conflicts, expressing feelings in safe ways, and making good choices with 99 children.

SUBSTANCE ABUSE SERVICES DIVISION
Collaborated with Travis County Juvenile Court to help reduce drug use among 114 14- to 16-year old juvenile offenders by providing therapy services, including multi-family groups.

TANDEM: MOVING FORWARD TOGETHER, A TEEN PRENATAL/PARENTING PROGRAM
Collaborated with People’s Community Clinic to provide counseling to 17 teenage parents.

COMMUNITY PARTNERS FOR CHILDREN
Provided consultation to 110 children and family members in collaboration with public and private agencies to provide intensive case management to children who have multiple needs that cannot be met by one agency.
The twice a month meetings are held at Austin Child Guidance Center.

CHILDREN’S VICTIM ASSISTANCE RECOVERY PROJECT
Treated 76 children and their families who were victims of or witnesses to crime or violence; supported by the Office of the Attorney General of Texas.

MENTAL HEALTH EVALUATION & TREATMENT SERVICES
Provided services to 24 victims of physical or sexual abuse or neglect referred by the Texas Department of Family and Protective Services.

TRAVIS COUNTY LEADERSHIP ACADEMY
Provided individual and group therapy to 67 adolescents at the Leadership Academy of the Gardner-Betts Juvenile Justice Center.

INFANT AND EARLY CHILDHOOD MENTAL HEALTH TRAINING AND OUTREACH PROGRAM
In collaboration with The University of Texas at Austin, graduate students are trained and supervised to work with infants and young children while also completing a service learning placement at local high-need childcare centers.
Served 111 children and family members.

PARTICIPATION IN PLANNING, ADVOCACY, AND COMMUNITY GROUPS
AID Interagency Council, Child and Youth Mental Health Planning Partnership, Children’s Mental Health Summit Day at the Texas Capitol, Community Action Network’s Children’s Mental Health FAQs Committee, Mayor’s Mental Health Task Force, NAMI Austin, Travis County Victim Services Task Force, The University of Texas at Austin School of Social Work Professional Linkage Committee.
**NEW EMERITUS BOARD MEMBERS**
The Board of Directors recognized two outstanding past presidents by honoring Phyllis Nelson and Margene Beckham.

**IN MEMORIAM**
Austin Child Guidance Center remembers the generous contributions of the following Emeritus Board members made throughout their lives: Hub Betcholt, Malcolm Milburn, George Meriwether and Jeannette Watson.

**KING DAVIS, PH.D.**
ACGC presented King Davis, Ph.D. with its Christine W. Anderson Children’s Service Award. He received the award in recognition of his outstanding service to children and families in Texas with mental health needs and in particular for his leadership of the Hogg Foundation for Mental Health as its executive director. In 2005 the foundation announced a Special Mental Health Services Initiative and Austin Child Guidance Center was selected as the charity beneficiary of the run on April 2, 2005 sponsored by the following:

- Harmon Foundation
- Link Foundation
- Harmon Foundation

**AUSTIN AMERICAN-STATESMAN JUNIOR ‘DILLO KIDS RUN’**
Austin Child Guidance Center was selected as the charity beneficiary of the run on April 2, 2005 sponsored by the following:

- Austin American-Statesman
- Guaranty
- COVEREQ

**HOLIDAY CLASSIC TV SPECIAL**
“White Christmas” aired to raise funds with the following major sponsors.

- Holiday Classic TV Special
- Austin Child Guidance Center
- “White Christmas”

**CORPORATE SUPPORT AWARD**

**RECOGNITION OF OUTSTANDING SUPPORT**

---

**WHO’S WHO**

### BOARD OF DIRECTORS 2005
- Beth Marsh, President
- Sharon Boyle, President Elect
- David Ziskoff, Secretary
- Suzy Spencer, Treasurer
- Joan Banham, Ph.D.
- Kira Carey, M.D.
- James R. Evans, Jr.
- Ria Kise, Ph.D.
- Kathryn Krans, Ph.D.
- Anne Nelson, Ph.D.
- Wil Shapiro
- David Ziskoff
- Jeff Con

### EMERITUS BOARD MEMBERS
- Elio Andrade
- Chery Bartlett
- James L. Broughton, M.D.
- Johnna Cavanaugh
- Dale Christan
- Charles Eldand, Ph.D.
- Jon N. Coffee
- Maggie Coleman, Ph.D.
- J. Chry Dougherty
- Jane Harrison
- Susan Holman
- David Jaso
- Lynn Ruth Jordan
- Missy McCarroll
- Jim Meyers
- Sherry Morgan
- Thomas Oakland, Ph.D.
- Ruthie Oliver
- Paul E. Paulson, M.D.
- Breman Phillips, B.D.
- Phyllis Richards, Ph.D.
- Philip Sanders
- Franc Schenkkan
- Michael J. Schles
- Arthur Sheldon
- David Springs, Ph.D.
- James Steed
- Calvin Streeter, Ph.D.
- George Villalva
- Lynn Walker
- Janet Zimmerman, Ph.D.
- Keith Carrelli, M.D.
- Psychiatric
- Joie Kuzel, LSW
- Community Relations Coordinator
- Nicole Casanova
- Deanna Cox, LCSW
- Seanna Dobson, LCSW
- Zack Flores
- Paula Herr, LCSW
- Ana Hinson, LPC, LMFT
- Dana Jones, LCSW
- Shawn Kent, MA, LPC-I
- Lea Kruger, LCSW
- Keeli Lee
- Linda W. Melnick, LCSW, LMFT, RPT-S
- Sherry Michaelenko
- Alice Monroe
- Maxine Moore
- Valerie Myers, LCSW
- Mary Ellen West, LCSW
- Joyce Wheatfall

### STAFF
- Donald J. Zappone, Dr.P.H.
- Executive Director
- Anne Martinez
- Executive Assistant / Human Resource Officer
- Susanne Matthews
- Administrative Director / Chief Financial Officer
- Leslie Archambault
- Director of Development
- Michael Hacie, LCSW, LMFT
- Director of Clinical Services
- Rebecca Calhoun, MA, LPC
- Director of Intake
- Janie Harrison
- Director of Psychological Services
-aneous Matthews
- Administrative Director / Chief Financial Officer
- Leslie Archambault
- Director of Development
- Michael Hacie, LCSW, LMFT
- Director of Clinical Services
- Rebecca Calhoun, MA, LPC
- Director of Intake
- Joie Kuzel, LSW
- Community Relations Coordinator
- Nicole Casanova
- Deanna Cox, LCSW
- Seanna Dobson, LCSW
- Zack Flores
- Paula Herr, LCSW
- Ana Hinson, LPC, LMFT
- Dana Jones, LCSW
- Shawn Kent, MA, LPC-I
- Lea Kruger, LCSW
- Keeli Lee
- Linda W. Melnick, LCSW, LMFT, RPT-S
- Sherry Michaelenko
- Alice Monroe
- Maxine Moore
- Valerie Myers, LCSW
- Mary Ellen West, LCSW
- Joyce Wheatfall

### CONTRACT STAFF
- Gene Beckmann
- Tracy Carey, Ph.D.
- Sylvia Ouddy
- Bernadette Moore, LCIS, LMFT
- Lynn Henton, Ph.D.
- Kristin Nemyere, Ph.D.
- Katherine Sanchez, LCIS
- Elizabeth Sylvester, Ph.D.
- Sandra Winans, Ph.D.

---

**FINANCIAL STATEMENT**

Financial Statement of Operations for Year Ending August 31, 2005

**Revenues**

- United Way (Allocation & Designations)
- City of Austin/Travis County (HRQ)
- City of Austin Contracts
- Travis County Contracts
- State of Texas and Other Contracts
- Donations (Funders and Foundation Support)
- Client Fees and Fee Contracts
- Resource Development
- Other

**Expenses**

- Program Services
- Management and General
- Fundraising

**Total Operating Expenses**

**Year End Net**

**Total Support and Revenue**

---

This financial report of revenues and expenses is taken from the annual audit, prepared by Gindler, Chappell, Morrison & Co. P.C., Certified Public Accountants. The complete audit is available for inspection during normal business hours at the offices of the Austin Child Guidance Center, 810 West 45th Street, Austin, Texas 78751.
We would like to especially recognize the following major donors:
Dear Staff at Austin Child Guidance Center,

I have sons in different programs here at Austin Child Guidance Center. I am very proud of what you all do here. I recommend you all to any parent I see that may need your help. But today, I want to commend you for another reason when I really needed someone to help me out in a time of need.

My husband and I run a youth [football] organization and one of my coaches passed away suddenly from a massive heart attack. I really needed a counselor for my 9 and 10 year old team and [your staff] worked very hard on trying to see who could help us. [A therapist was sent to talk to the league.] I’m really very proud of her for going way above and beyond the call of duty to help these children and parents from our league. Thank you a million times!

Thank you,
Sandra