THANKS TO OUR SPONSORS AND OUTSTANDING SUPPORTERS!
In 1951, Austin Child Guidance Center became Austin’s first outpatient mental health facility solely dedicated to children’s mental health. To this day, ACGC remains the leader in affordable mental health care for Austin area children and their families. ACGC predominantly provides services to underserved children who might otherwise go without care. Throughout its history, the agency has used a multidisciplinary approach, with psychiatrists, psychologists, social workers, and professional counselors to treat children and their family members. The agency is a recognized premiere training facility for future and current therapists. Bilingual services are offered in our main office at 45th and Lamar, as well as in various community settings.

Our Mission
To improve the mental health of children and their families through early intervention, diagnosis, and treatment to help them develop the emotional skills for meeting life’s challenges.

For over 64 years, the Austin Child Guidance Center has been recognized as a community leader in the provision of children’s mental health services. Our story expands over six decades and brings together many threads and voices that have created real change for local families. In this FY2014 Annual Report, we look back on our incredible history of contribution to the mental well-being of our community.

The Center had a prosperous year of accomplishments. We were selected into the inaugural “Capacity Academy” through the St. David’s Foundation, supporting the streamlining and integration of our technological systems and client processes. We launched a new website through the support and generosity of Intel and their team of dedicated volunteers. This new site is mobile friendly, easy to navigate, connects to our social media accounts, and incorporates our new brand and logo.

ACGC planned and is poised to deliver the first-ever Cross-Discipline Trauma Conference of Central Texas, which will bring together 500 professionals from across the country for two days of training in 2015. The agency’s Director of Program & Trauma-Informed Services, Seanna Crosbie, LCSW has been leading efforts in trauma trainings and outreach within the city, educating the community on the profound importance of treating trauma early-on.

The Center has focused on the mental health of employees. The agency began a Social Support Committee that organizes activities, community volunteer projects, and staff appreciation opportunities. Within the last year, ACGC has started a weekly mindfulness meditation session, as well as a weekly yoga class for staff members, to encourage self-care, relieve stress, and promote health and wellness.

On a personal note, my term as President of the Board expires and I pass the baton to Nicole Huff’s capable hands. It has been a privilege and pleasure to be involved with a deeply talented group of people building a cutting edge organization with growing sophistication to meet the mental health needs of Central Texas. ACGC makes a positive difference every day and the work only grows. We are extremely grateful to our invaluable donors, supporters and partners who uplift our mission. In 2016, we will celebrate our 65th Anniversary, and we have so many individuals to thank who have helped to create our story of hope. ACGC’s incredible service now expands across multiple generations and historic community changes, offering meaningful, local, systemic change within the field of mental health.

Gratefully,
Joel Fleschman, LCSW, MPH
Board President, 2014

I like ACGC because it really helped and it’s really playing games and talking about my feelings.
—ACGC client

14,505
Total hours of service provided to clients

3,783
Total number of children and family members served (unduplicated)

Since 1951:
139,680
Total number of children and family members served (unduplicated)
Individual Therapy
Therapists take a strengths-based approach to help children work through existing issues. It focuses on the child’s needs and what is developmentally appropriate. The child is treated within the context of the family, and incorporates parents and family members in the plan for treatment.

Family Therapy
Treatment extends to all family members and guardians in the child’s life. Because change does not occur in a vacuum, family members are encouraged to work together to heal and learn new patterns of behavior.

Group Therapy
In order to promote positive peer relations, children in group therapy practice problem-solving and learn ways to build their self-esteem and improve social skills. In group work, children practice managing conflict, negotiating social situations, and reaching consensus.

Psychiatric Services
Psychiatric evaluations are provided to children with complicated symptoms and where psychotropic medication may be clinically indicated. These evaluations are available to children currently engaged in therapy at the center. It integrates biological, psychological, and social factors that influence functioning.

Psychological Assessments
A psychological assessment is a process of gathering information in order to learn more about a child and to inform treatment decisions. The assessment can be useful for determining a specific diagnosis, such as a learning disability, Attention-Deficit/Hyperactivity Disorder, or an Autism-Spectrum Disorder, and is also helpful when parents, teachers, therapists, or other providers are confused about a child’s behavior and how to intervene.

Walk-in Clinic
The walk-in therapy clinic at the Center provides immediate counseling to children and family members on a sliding fee scale. No appointment is necessary. Clients are seen first-come, first-serve every Friday from 2 p.m. to 4 p.m. by licensed Psychologist Arnie Slive, Ph.D. and a team of qualified mental health professionals.

Sliding Fee Scale
All services are offered on a sliding fee scale rate for un-insured/under-insured clients. No child is turned away for inability to pay for services.

Latino Children’s Mental Health Initiative
Initiated through one-time funding from Travis County Health and Human Services, and RGK Foundation that supported the expansion of therapy services to Spanish speaking children and families.

A total of 746 clients and 994 family members were provided one or more of the Center’s core services in the 2014 fiscal year.

Ben was an 8th grader struggling with his self-image due to being bullied about his weight from peers. He was having difficulty with their harsh interactions, avoiding going to class, and was suffering academically. His mother worried about her son’s sadness and school performance.

Fortunately, his school recognized that he would do well in Middle School Matters, where mental health services are provided on-site at middle school campuses by the Austin Child Guidance Center. Ben began individual therapy sessions, as well as some sessions with his family. Soon, his attendance became consistent and his academic performance improved significantly. Ben joined a school athletics team and began to enjoy the new relationships he formed with his teammates. Through his work with the therapist, Ben began to recognize how to deal with comments from friends and see himself in a more positive light.

The Center’s core therapeutic services are offered on-site at our central location. ACGC’s multi-disciplinary team of therapists utilizes evidenced-based treatments to work with children experiencing: anxiety, trauma, physical and sexual abuse, grief, neglect, depression, divorce, adoption, parent child relational issues, substance abuse, disruptive behavior disorders, and learning and communication disorders.

79%
Percentage of clients (living at or below 200% of the federal poverty level)

1660
Calls requesting therapy / assessment services
psychiatric evaluations. Psychological assessments; and which includes individual & family therapy; provides the mental health component, care at People’s Community Clinic. ACGC teens and teen fathers receiving prenatal pregnancies. The project serves pregnant reduce the risk of subsequent teen as well as social and family functioning to levels of health, education, and vocation; Can, and LifeWorks to promote optimal

Austin Child Guidance Center partners with several agencies and participates in a number of collaborations in Austin/Travis County, including:

- **Community Clinic**
  - The TANDEM Project is a collaboration with People’s Community Clinic, Any Baby Can, and LifeWorks to promote optimal levels of health, education, and vocation; as well as social and family functioning to reduce the risk of subsequent teen pregnancies. The project serves pregnant teens and teen fathers receiving prenatal care at People’s Community Clinic. ACGC provides the mental health component, which includes individual & family therapy; psychological assessments; and psychiatric evaluations; 162 youth and 5 family members served in 2014.

- **Childcare Centers and Preschools**
  - The Infant and Early Childhood Mental Health Project (IEC) is a United Way Success by Six funded project. The overarching goals are to promote the social and emotional health of children so they are prepared for school and future success, as well as to educate and provide guidance to childcare staff and parents on infant and early childhood developmental issues. ACGC licensed mental health professionals and interns work onsite at 8 local, high-needs childcare centers. IEC is also supported by Travis County HHS, Episcopal Health Foundation, and 3M. 254 children, 59 family members, and 39 childcare workers served in 2014.

- **Middle Schools**
  - Middle School Matters is a collaborative project funded by United Way for Greater Austin. Through this initiative Austin Child Guidance Center delivers on-site mental health support and counseling services at three at-risk middle schools: Mendez Middle School, Decker Middle School and Webb Middle School. 72 youth and 51 family members served in 2014.

- **Juvenile Court Project**
  - In the Juvenile Probation Services Division, ACGC therapists provide mental health screenings, psychiatric and psychological services, and individual, family and group therapy. These services are conducted at multiple sites including ACGC, the Intermediate Sanction Center, the Day

- **Victim Services**
  - Children’s Victim Recovery Project is a program that helps children and families recover from the psychological effects of crime, violence, and abuse. Any child or adolescent who was a victim or witness to crime or violence is eligible for treatment services at no cost. Funding is provided by grants from the Travis County Domestic Relations Office and the Travis County Counseling and Education Services Department. 11 youth and 14 family members served in 2014.

- **Trauma Informed Care**
  - Trauma-Informed Care Consortium (TICC) was established in 2015 through the generous support of St. David’s Foundation. TICC, led by Austin Child Guidance Center, brings together professional organizations throughout Central Texas to address the trauma needs of children and families. TICC is made up of over 50 community partners from a variety of professions: mental health clinicians, school personnel, medical/nursing professionals, occupational/physical therapists, law enforcement, and juvenile justice professionals. The consortium meets quarterly to network, share information, coordinate trainings, as well as to create a trauma-informed newsletter and maintain the www.traumatexas.com website. In addition, ACGC provides trainings to organizations and groups on trauma, trauma-informed care. ACGC trained 715 individuals on trauma and trauma-informed care in 2014.

**Tasha**, an 11-year-old girl, had experienced physical abuse from her stepfather. In order to get away from her abuser, Tasha and her mother moved to Austin. Their move caused financial strain for the family and necessitated a change to a new school where Tasha experienced harassment from her peers. The abuse and torment at school caused Tasha to have difficulties sleeping, dissociation, tantrums and angry outbursts. To help Tasha heal from her emotional pain, she was brought to Austin Child Guidance Center where she and her mother participated in a combination of individual and family therapy. Through their work in therapy, Tasha and her mother were able to work through the feelings and the trauma associated with the abuse. Tasha also gained coping skills to help her address the bullying at school and prevent future victimization. At the end of treatment, Tasha’s intrusive thoughts about the abuse had stopped, and she was able to regulate her emotions.

**ACGC is special to me because, It’s easier to talk about myself and share my feelings.** That is really important to me.

Our Partnerships

Kids In The Middle Project offers mental health services and support to children and families involved in high conflict divorce, family violence, or custody issues. Funding is provided by grants from the Travis County Domestic Relations Office and the Travis County Counseling and Education Services Department. 41 youth and 14 family members served in 2014.
Training
As a local leader in mental health care for children, ACGC is recognized as a premier training center for graduate students and mental health professionals in the greater Austin area. Student interns from many disciplines receive high quality training at the Center, which assists in the agency’s scope of work, outreach and impact on clients.

For the past year, Austin Child Guidance Center has been preparing to host the Cross-Discipline Trauma Conference of Central Texas, which is the first of its kind for Central Texas. The conference will feature internationally known speakers within the field of trauma, including: Bruce D. Perry, M.D., Ph.D., Senior Fellow of the Child Trauma Academy; Vincent Felitti, M.D., Co-Principal Investigator of Adverse Childhood Experiences (ACE) Study; Erica Miller, Ph.D., Clinical Psychologist and Holocaust Survivor; and Ginny Sprang, Ph.D., Executive Director, University of Kentucky Center on Trauma and Children & Co-Chair of National Child Traumatic Stress Network & Secondary Traumatic Stress Collaborative.

Volunteerism
Each year our volunteers continue to amaze and inspire us. We are so fortunate to be allied with so many outstanding individuals who support our mission. Our Play Leaders are trained in trauma-informed care and provide a structured, safe, and fun environment for clients. Garden volunteers help us maintain and groom our Children’s Healing Garden, which serves as a therapeutic space for our clients. Moreover, our professional volunteers who serve on planning committees and board have facilitated meaningful connections, ideas, leadership and support to help increase the impact of our mission within the community.

Special Events
ACGC hosted an array of special events during FY2014. We started the year off with Trivia Night at FRANK in honor of Children’s Mental Health Awareness Day. Teams from Gallagher & Co., ATCIC Child & Family Services, CASA of Travis County, Frost Bank, VMware, and more joined us for an intense night of trivia! We also hosted several third party events with local businesses which include partnering with The W Hotel, the Mohawk Austin, and Kendra Scott. Supporters Don & Lisa Grillo opened up their lovely home in the Towers of Town Lake for our holiday donor appreciation party.

The 3rd annual “Austin Originals” Benefit Concert and Live Taping surpassed past years in ticket sales and revenues thanks to the leadership of our Honorary Chair, Cassie LaMere of Lexus of Austin. The new location at the Austin Music Hall allowed for twice as many guests, reaching over 500 supporters in attendance. H-E-B Tournament of Champions returned as the presenting sponsor and Robert Hadlock of KXAN served as the event’s emcee, who presented the 3rd annual Phyllis Richards Austin Icon for Children Awards to Maxine Roberts and Bari Rosenbluth. For the first time ever, the concert featured two musical acts; the Wheeler Brothers & LaTasha Lee and The Blacklites. The event raised $266,849 which will assist the agency in providing quality mental health services to underserved families.

We would like to say thank you to the remarkable corporate teams and organizations who volunteered with us. In 2014, we welcomed volunteers from: Bazaarvoice, Texas Women in Business, Intel, Nordstrom Rack, VMware, Austin Outdoor Social, Texas Sweethearts, Texas Wranglers, Kuhn Scholars, Students of the World UT Chapter, Ann Richards Young Women Leaders School, FBC Howe, the International Association of Exhibition & Events-Central Texas Chapter, and Literacy Coalition of Central Texas - AmeriCorp VISTA.
Statement of Financial Position
Fiscal Year 2014: September 1, 2013 - August 31, 2014

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<tr>
<th>Years ending August 31</th>
<th>2014</th>
<th>2013</th>
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<td>Other assets</td>
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<td>130,457</td>
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<td><strong>Total assets</strong></td>
<td>$915,767</td>
<td>$1,165,268</td>
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<tr>
<th><strong>Liabilities and Net Assets</strong></th>
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<td><strong>Liabilities</strong></td>
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<tr>
<td>Accounts payable</td>
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<td>Deferred revenues</td>
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<td>Permanently restricted</td>
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<td>109,664</td>
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<tr>
<td><strong>Total net assets</strong></td>
<td>905,367</td>
<td>1,073,110</td>
</tr>
<tr>
<td><strong>Total liabilities and net assets</strong></td>
<td>$915,767</td>
<td>$1,165,268</td>
</tr>
</tbody>
</table>

Revenues
- Contributions: 13%
- Grants and Contracts: 16%
- Program Service Fees: 43%
- Fund Raising: 27%
- Investment Income: 1%

Expenses
- Program Services: 9%
- Management and General: 12%
- Fund Raising: 79%
- Other: 1%

Ethnicity
- Hispanic: 57%
- White: 25%
- African American: 15%
- Other: 3%

Ages
- 0-5 yrs: 32%
- 6-12 yrs: 34%
- 13-17 yrs: 34%

Client Progress on Treatment Goals
- 92% of clients participating in individual and/or family therapy made progress on their treatment goals.
- 88% of clients in group therapy showed positive increases or changes in knowledge and behavior.

Client Satisfaction*
- 100% of clients reported they were 'very' satisfied with the services they received.

*Statistical Overview
- of clients reported they were 'very' satisfied with the services they received.
- Board of Director designations: 15,839
- Pledges receivable: 63,650
- Fixed assets: 59,817
- Other assets: 130,457
- Total assets: $1,165,268
- Total assets: $1,165,268
- Total liabilities: $92,158
- Total net assets: 1,073,110
- Total liabilities and net assets: $1,165,268
When I started as Executive Director in 2010, my office was in the administrative area, a bit removed from the day-to-day operations of the Center. We had one open office at that time, which was a small space that had been created by enclosing off a portion of the waiting room some years before. I told the staff I was moving to that space. “You don’t want that office,” I was told. “It’s too small, too loud, cold in the winter and hot in the summer.” It was vacant because it wasn’t suitable for therapy or even as an office.

They were right. It’s small, loud, cold in the winter and hot in the summer. It’s also the perfect space because it is right at the end of the hallway where our families come and go. It’s ACGC’s crossroads. I see children at the beginning and end of their journeys. I see parents heading down the hall with worry and fear and when they come back, with relief and support. I see compassionate, dedicated staff members. I get occasional visits from little brothers or sisters who duck out of the Play Room and talk with passing staff members when they are having difficult days and when they are filled with joy. Through my window I see children playing and families conversing in the afternoons. I see parents heading down the hall with worry and fear and when they come back, with relief and support. I see the need for our services continues to grow, and ACGC has embarked on a multi-year journey of incremental, sustainable, data-driven growth of services to children and families. We will grow through building our partnerships out in the community and expanding our footprint at our central location. In the coming months and years we will define what that expansion will look like. Austin Child Guidance Center will always be the crossroads between despair and hope, helping children and families find their way. It is seldom an easy path. So what if my office is small, loud, cold and hot? The crossroads is the place to be.

Russell A. Smith
Executive Director

The services I’ve received have been excellent. I was very concerned about my daughter’s mental health, and that’s going to be just fine. My daughter has given me the help she needed to cope with everything that’s going on in her life right now.

Russell A. Smith
Austin Child Guidance Center is incredibly grateful to all of the generous individuals, foundations, businesses, and governmental agencies for their monetary and/or in-kind gifts. Thank you for your continued support.

### Donors:
**September 1, 2013 - August 31, 2014**

**Institutional Supporters**

- $250,000+ St. David’s Foundation
- $200,000 - $249,999 City of Austin Health & Human Services Travis County Health & Human Services United Way for Greater Austin
- $100,000 - $249,999 Dell Inc.
- $50,000 - $99,999 Cleve H. Tandy Foundation Center for Child Protection
- $25,000 - $49,999 Austin Travis County Integral Care
- $10,000 - $24,999 Austin Eating Disorder Specialists Atchley & Associates

**Individual Supporters**

- Curtan ($5,000+)
- Delmonico ($3,000+)
- Horseshoe Bay Resort
- Atlas Foundation
- New England Foundation
- Kingsman
- LCGA
- Employers
- East Bay Grown
- Texas Office of the Attorney General
- Central Texas Fair Foundation
- Travis County Health & Human Services
- Horseshoe Bay Resort
- Hill Country Chapter of Texas Association of Blind
- Franzetti Master Jewelers
- The John E. Fetzer Institute
- James R. Dougherty Jr. Foundation
- Harry Zimmerman
- Renee Hanson Malone
- Cass Grange
- Joyce Gentry
- Josie & Frank Geck
- Sharon & Donald Goldstein
- Ann B. McIver
- Dennis & Nancy McFadden
- Carl & Joyce McClendon
- Beth Marsh
- Daniel & Lori Mannion
- Dayna Manning
- Mary Manceaux
- Sherry L. Payne, Ph.D.
- David Orton
- Carmen Olson

**Food and Drink Sponsors**

- Whole Foods Market
- Miller Blueprint
- Urban an American Grill
- NoVa Kitchen & Bar
- The Cupcake Bar
- Winflo Osteria
- The Cupcake Bar
- LVRA Employees
- Independence Title Company
- Arthur G. Gallagher & Co.
- Atchley & Associates
- Silicon Labs

**Presenting Sponsor**

- H.E.B. Tournament of Champions

**Production Sponsor**

- Carl C. Anderson Sr. & Marie Jo Anderson Charitable Foundation

**Silver Sponsors**

- AT&T & Associates
- Don Property Group
- Frost Bank
- Arthur G. Galagher & Co.
- Nick Nau Foundation
- Whole Foods Market
- Joy and Connie Wiese Family Charitable Fund

**Institutional Supporters**

- Austin Child Guidance Center
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- James R. Dougherty Jr. Foundation
- Episcopal Church of the Resurrection
- The E. E. Florence Foundation
- First National Bank of Austin
- Franklin Financial Partners
- Frost Bank
- Fuzzy’s Taco Shop
- Hill Country Chapter of Texas Association for Play Therapy
- Horseshoe Bay Resort
- Independence Title Group
- HCG Foundation
- Kingdom Promotions
- LCGA Employers
- Lend Us a Hand
- LexisNexis
- Travis County Health & Human Services
- United Way of Metropolitan Dallas
- University of Texas at Austin
- Women Patrons in Health

**Sailors ($1,000-$2,499)**

- Dr. Phyllis Richards
- John Harcourt & Sue Ellen Stavrand
- Kelly & Tina Folts
- Christy & Dale Biermann
- Dr. Rolland & Julie Fellows
- Kathleen Duncan
- Hannah Delgado
- Lisa DeGraff
- Mitch Deane
- Patricia Dean
- Marcela De La Fuente, Ph. D.
- Dr. Kira & Graham Carey
- Britton Byfield
- Tim & Susan Burris
- Cecelia Burke
- Joe Brown
- Annie Bright
- Erin Bretherton
- Amadee Harris
- Renee Hanson Malone
- Cass Grange
- Joyce Gentry
- Josie & Frank Geck
- Anne K. Freeman
- Donna & Joseph Fowler
- Sanford Fleschman
- Julie & Joel Fleschman, LCSW, MPH
- Dr. Robert & Jodi Field
- Terry Fisher
- Sue & Greg Metz
- Paul A. Alden
-whole Foods Market
- Miller Blueprint
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