



## **Doctoral Psychology Practicum**

The Austin Child Guidance Center is a non-profit community mental health center that serves youth 0-17 years of age and their families. Clients come from a variety of socioeconomic, ethnic, and cultural backgrounds. Presenting problems cover a wide range of issues faced by children and their families including, but not limited to, depression, anxiety, attention deficits, learning disabilities, divorce, and exposure to trauma. Individual therapy, family therapy, group therapy, psychiatric assessment, psychiatric treatment, and psychological assessment are available regardless of income. Postdoctoral fellows work as part of an interdisciplinary team of psychologists, psychiatrists, clinical social workers, and licensed professional counselors.

ACGC is a trauma-informed care treatment center that follows guidelines set forth by the National Center for Trauma-Informed Care. To that end, clinicians are trained in empirically supported treatment for trauma survivors, including Trauma-Focused Cognitive Behavioral Therapy (TFCBT) and Parent-Child Interaction Therapy (PCIT). ACGC promotes the implementation of trauma-informed practices in all programs and services.

### **Staff**

Austin Child Guidance Center has seven licensed psychologists on staff. In addition, our treatment staff includes a part-time child/adolescent psychiatrist, licensed clinical social workers, and licensed professional counselors.

### **Supervision**

Practicum students receive a minimum of two hours a week of face-to-face clinical supervision from a licensed psychologist (or post-doctoral fellow) at the center, including one hour of individual supervision with a licensed psychologist (or post-doctoral fellow) and one hour of group supervision, led by the Director of Therapy Services.

### **Didactic Education**

Practicum students are required to attend the weekly didactic trainings (i.e. "student seminar") for trainees (primarily graduate psychology and social work students) at Austin Child Guidance Center. Student seminar is traditionally scheduled for **Thursday afternoons, 12:30 – 2:30**. In addition, Austin Child Guidance Center hosts

regular clinical trainings on a variety of topics presented by local professionals with expertise in the topic area. Practicum students are encouraged to attend these trainings regularly. Case conferences are held twice monthly (Thursday mornings) with all clinical staff members present.

### **Training Goals**

Training goals for practicum students at Austin Child Guidance Center include the development of proficiency in psychotherapy with children, adolescents, and families; working collaboratively with an interdisciplinary treatment team; and planning and conducting assessment with children or adolescents. Other goals (e.g., developing group therapy skills) are chosen by the student and his/her supervisor at the outset of the practicum year based on graduate program training goals.

### **Responsibilities**

The practicum student is expected to provide one comprehensive psychological assessment during their time at the center. In addition, the practicum student is expected to complete at minimum of 5 client contact hours per week, which includes individual, family, and group therapy. Students are also expected to attend 4 sessions of the walk-in clinic. Required clinical meetings are held on **Thursday mornings**. Other opportunities (e.g., consultation, co-leading parent workshop) are available based on the student interests and training goals.

### **Application Procedure**

Students should submit a letter of interest, curriculum vitae, a sample de-identified psychological assessment report, and two reference letters to Seanna Crosbie, LCSW-S, Chief Program Officer, by Feb. 15, 2021.

### **Contact Information**

Chief Program Officer, Seanna Crosbie, LCSW-S.  
Email: [SCrosbie@austinchildguidance.org](mailto:SCrosbie@austinchildguidance.org).