

# UNSTUCK & ON TARGET



This 8-week group is for children to improve executive functioning skills, which help with self-control and achieving goals. The skills targeted in this group will help group members be more flexible, well-regulated problem-solvers.

**WHO:**

Kids in the 3<sup>rd</sup> -5<sup>th</sup> grade

**WHEN:**

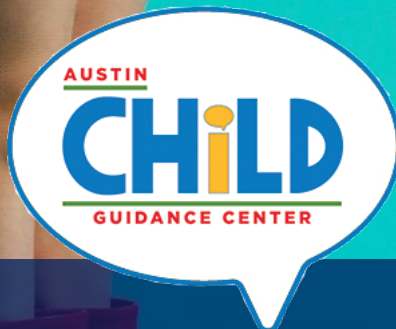
5:30 PM to 6:30 PM on Mondays  
September 28<sup>th</sup> - November 16<sup>th</sup>

**WHERE:**

Virtual - Zoom

**COST:**

Sliding fee based on income and household size. Discount provided if paid in advance.



To register, please submit interest online:

<https://www.austinchildguidance.org/services/currentgroups.html>

For questions, please call to leave a message with the receptionist:

512-451-2242