



Parent Workshop: Test Anxiety



In this presentation, parents will learn how to recognize if their child is experiencing normal nervousness before a test or something more intense - test anxiety. Parents will leave this presentation with knowledge of different strategies they can use to support their child if they experience test anxiety.

Who: Parents and Guardians of children from elementary to high school

When: Thursday, October 10th from 6:00 - 7:30 PM

Where: Austin Child Guidance Center – Conference Room
810 West 45th Street
Austin, Texas 78751

Cost: \$20 per person

Childcare: Limited childcare available for children 2 years old and older at no cost. Childcare sign up is required at registration.

To Register please visit:

www.austinchildguidance.org

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