Clinical Counseling Placement Austin Child Guidance Center

(Sept 2018-July2019)

Thank you for your interest in interning at the Austin Child Guidance Center (ACGC). ACGC, a trauma-informed organization, is a premier outpatient mental health counseling agency, founded 65 years ago, that provides therapy, psychological assessments and psychiatric evaluations to children and their families. We are made up of a multi-disciplinary team of psychologists, psychiatrists, nurses, family therapists, professional counselors, and social workers.

Clinical Counseling Placement: During your time here, you will learn about working with children ranging in age from two to 17, and their families. You will have an opportunity to provide individual, family as well as group therapy, in a supportive, clinically rich environment. You will learn about theoretical modalities including: trauma-focused CBT, solution focused therapy, structural family therapy, parent-child interaction therapy and other theories. Interns are offered weekly one-on-one supervision with a social worker and will also attend a two hour per week Student Seminar, which includes interns from other disciplines. Additionally, you will participate in Interdisciplinary Case Staffing Meetings where cases are presented by staff and interns. Selected interns for this placement will receive \$2000 stipend on behalf of the Leben Scholarship Fund.

This year, there are 2 internship positions available at ACGC through the clinical counseling placement. Additionally, there are two internship positions available with our infant and early childhood project – see add'l handout. ACGC will review all requests and contact students who are invited to interview. If you receive a phone call or email, please respond promptly to schedule your interview. Please note that requesting an interview does not guarantee that you will have an interview.

If you would like to be considered for an interview with ACGC for your final field placement, please email, mail, fax or drop-off the following documents to Seanna Crosbie, LCSW by **Monday, March 12th.**

- 1. Professional/Academic Resume
- 2. Cover Letter indicate if you are applying for: clinical counseling placement, infant and early childhood placement, or both, in your cover letter.
- 3. Two ACGC Recommendation Forms completed by professional references (one must be completed by first year, on-site field supervisor).

Seanna Crosbie, LCSW
Director of Program & Trauma-Informed Services
810 W. 45th St.
Austin, Texas 78751
512.451.2242
Fax 512.454-9204
Scrosbie@austinchildguidance.org

Clinical Counseling Placement Time Commitment

Fall Semester (Students will volunteer their time in fall semester)

- Co-facilitate one group schedule varies (required)
- Attend Student Seminar every Thursday from 12:30-2:30 pm (required)
- Attend "Interdisciplinary Case Staffings" 1st and 3rd Thursdays each month from 10-11 am (recommended)

Spring and Summer Semesters (All required) – 20 hours per week

- Co-facilitate one group schedule varies
- Carry caseload of 8-9 clients flexible schedule available, but will need some evening availability. The Center is open M-Th 8-8; Fri 8-6pm.
- Attend "All Staff Meeting" 1st Thursday of each month from 11am-noon
- Attend "Interdisciplinary Case Staffings" 1st and 3rd Thursdays each month from 10-11 am
- Attend Student Seminar every Thursday from 12:30-2:30 pm (it should be noted that student seminar may not take place in the summer, but only in the fall/spring).
- Participate in four sessions of the Walk-In Clinic on Fridays

Infant/Early Childhood Mental Health Project Final Field Placement (Sept 2018- July 2019)

The Infant and Early Childhood (IEC) Mental Health Project was created in 2004 as a direct response to the high number of child expulsions from child development centers. The purpose of the Project is to help decrease expulsions in centers and to enhance the social and emotional development of children ages 0-5. The Project has grown significantly and now serves 8 child development centers as the social-emotional learning component of the United Way Success By 6 Project.

The primary focus of the IEC placement is to provide consultation to staff and parents in child development centers that serve high-need families. Interns will collaborate with early childhood staff and families in order to prevent challenging behavior and to enhance the social and emotional development of the children in the center. You will gain specialized knowledge in infant and early childhood mental health and learn to provide multiple levels of intervention in a unique setting. Interns in the Project are able to participate in monthly group supervision with other IEC consultants/interns, as well. Interns will also have the opportunity to provide individual and family therapy to a caseload of 4 clients, in addition to the 6-7 hours of consultation in centers per week. This year, the selected interns (up to 2) will receive \$2000 from the Leben Scholarship Fund.

Final Field Time Commitment

Fall Semester (Volunteer their time in fall semester)

- Shadow Lead Therapist 4 times throughout semester (required)
- Observe at Austin Community College Children's Lab School one morning (required)
- Attend student seminar every Thursday from 12:30-2:30 (required)
- Attend Interdisciplinary Case Staffings 1st and 3rd Thursdays each month from 10-11 AM (recommended)

Spring/Summer Semesters (All Required) – 20 hours/week

- Carry caseload of 4 clients onsite flexible schedule available, but some evening availability is recommended. Center is open M-Th 8-8; Fri 8-6 PM
- Serve 1-2 child development center with 6-7 hours of consultation/week –
 Required schedule of two mornings and one afternoon per week
- Provide one staff or parent training at assigned child development center
- Attend All-Staff Meeting 1st Thursday of each month from 11 AM-noon
- Attend Student Seminar every Thursday from 12:30-2:30 PM (it should be noted that student seminar may not take place in the summer, but only in the fall/spring)
- Participate in four sessions of the Walk-In Clinic on Tuesdays and Fridays

Final Field Placement at Austin Child Guidance Center Recommendation Form

Student is applying for (check all that apply): Clinical Counseling Placement								Infant Early Childhood Placement			
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Scrosbie@austinchildguidance.org