

Parenting During COVID-19: Strategies and Support for Caregivers

This group will provide a supportive, judgement-free space for adults to discuss the many challenges of parenting during the current national health crisis. We will also provide information on practical parenting skills such as navigating difficult discussions, building positive relationships, and encouraging healthy screen time and sleep habits.

To register, please submit interest online:

<https://www.austinchildguidance.org/services/currentgroups.html>

For questions, please call to leave a message with the receptionist:
512-451-2242



WHO:

Caregivers of children
between the ages of 2-11

WHEN:

6:00-7:30 on Tuesdays
June 30th – August 4th

WHERE:

Virtual- Zoom

COST:

\$60 per session, or \$300 total if
paid in advance. Sliding fee scale
price may be available based on
income and household size

