

Austin Child Guidance Center

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www.austinchildguidance.org

Counseling Internship Site

Contact Person/Supervisor: Sara Wakefield, LCSW

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Austin Child Guidance Center is one of the premier training sites in Austin for future mental health professionals and accepts graduate students who are seeking field experience as part of their degree program. Since 1951, Austin Child Guidance Center has been dedicated to improving the mental health of children and their families. A multidisciplinary team of psychiatrists, psychologists, social workers, and counselors provides individual, family, and group therapy; psychiatric and psychological services; parent education; community presentations and consultations; and training to current and future mental health professionals.

We primarily accept advanced graduate students in the fields of psychology and professional counseling. <u>At a minimum</u>, students should possess the following before applying to the Center: at least one course in family, individual, group therapy; some experience in psychosocial assessment; and some course work related to children and adolescents. Prospective students should have previous practicum or work experience using psychotherapy skills.

It should be noted that a placement at Austin Child Guidance Center is very demanding; however, you will find the agency very supportive in terms of the supervision and training you will receive. It is recommended that you seek out other students who have completed placements at the Center and get their opinion before you apply.

Psychology and counseling students are accepted in the Spring or Summer for a 2 semester placement the following Fall and Spring semesters. Students must commit to the Center for 15-20 hours/week for two semesters (Fall & Spring). Because of the volume of requests we receive, we ask that you send an e-mail to inquire and/or submit applications.

The following documents are required for application:

- 1. Professional/Academic Resume
- 2. Cover Letter
- 3. Two ACGC Recommendation Forms* completed by two separate professional references

 * Forms can be found on the ACGC website under the "Professional Counseling" section
 - https://www.austinchildguidance.org/community/students.html

What to Expect:

- Co-facilitate one group per semester schedule varies (as available)
- Attend weekly Student Seminar Thursdays for 2 hours
- Attend "Interdisciplinary Case Staffing" 1st/ 3rd Thursdays
- Individual Supervision weekly
- 15-20 hours a week
- Attend Staff Meetings 1st Thursday of the month
- Provide Individual & Family Therapy
- Access to on-site trainings
- Attend & Participate in the walk-in clinic for four consecutive weeks during course of placement