



Austin Child Guidance Center

810 W. 45th Street, Austin, Texas 78751

Phone: (512) 451-2242; Fax: (512) 454-9204

www.austinchildguidance.org

Clinical Counseling Placement Austin Child Guidance Center

(September 2021 – July 2022)

ACGC, a trauma-informed organization, is a premier outpatient mental health counseling agency, founded over 65 years ago, that provides evidence-based therapy, psychological assessments and psychiatric evaluations to children and their families. We are made up of a multi-disciplinary team of psychologists, psychiatrists, nurses, family therapists, professional counselors, and social workers.

Clinical Counseling Placement: During your time here, you will develop a deep understanding of how to work with children ranging in age from two to 17, and their families. You will have an opportunity to provide individual, family as well as group therapy, in a supportive, clinically rich environment. You will learn about theoretical modalities including: trauma-focused cognitive behavioral therapy (TF-CBT), solution focused therapy (SFT), structural family therapy, parent-child interaction therapy (PCIT), child and family traumatic stress intervention (CFTSI) and other theories.

Interns are offered weekly one-on-one supervision with a social worker and will also attend a two hour per week Student Seminar, which includes interns from other disciplines. ACGC offers trainings which often include topics such as: motivational interviewing, TF-CBT, PCIT, safety planning, parent coaching, treating non-suicidal self-injury, working with immigrant families, counseling from a cultural humility perspective, using self-disclosure in therapy, race-based trauma, use of medications to support therapy, treating anxiety, and interventions for depression.

These trainings are valued at over \$1,500. Additionally, you will participate in Interdisciplinary Case Staffing Meetings where cases are presented by staff and interns.

This year, there are 2 internship positions available at ACGC through the clinical counseling placement. Additionally, there are two internship positions available with our infant and early childhood project – see add'l handout. ACGC will review all requests and contact students who are invited to interview. If you receive a phone call or email, please respond promptly to schedule your interview. Please note that requesting an interview does not guarantee that you will have an interview.

If you would like to be considered for an interview with ACGC for your final field placement, please email the following documents to Sara Wakefield, LCSW-S.

1. Professional/Academic Resume
2. Cover Letter – **indicate if you are applying for: clinical counseling placement, infant and early childhood placement, or both, in your cover letter.**
3. Two ACGC Recommendation Forms completed by professional references (one must be completed by first year, on-site field supervisor; second should be grad school professor).

Sara Wakefield, LCSW-S

Program Manager, swakefield@austinchildguidance.org

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Clinical Counseling Placement

Time Commitment

Fall Semester (Students will volunteer their time in fall semester)

- Co-facilitate groups – schedule varies (required as available)
- Attend Student Seminar – every Thursday from 12:30-2:30 pm (required)
- Attend “Interdisciplinary Case Staffings” – 1st and 3rd Thursdays each month from 10-11 am (recommended)

Spring and Summer Semesters (All required) – 20 hours per week

- Co-facilitate one group – schedule varies
- Carry caseload of 8-9 clients – **flexible schedule available, but will need some evening availability.** The Center is open M-Th 8-8; Fri 8- 6pm.
- Attend “All Staff Meeting” – 1st Thursday of each month from 11am-noon
- Attend “Interdisciplinary Case Staffings” – 1st and 3rd Thursdays each month from 10-11 am
- Attend Student Seminar – every Thursday from 12:30-2:30 pm (*it should be noted that student seminar may not take place in the summer, but only in the fall/spring*).
- Participate in four sessions of the Walk-In Clinic on Tuesdays or Fridays



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Infant/Early Childhood Mental Health Project Final Field Placement (September 2021 - July 2022)

The Infant and Early Childhood (IEC) Mental Health Project was created in 2004 as a direct response to the high number of child expulsions from child development centers. The purpose of the Project is to help decrease expulsions in centers and to enhance the social and emotional development of children ages 0-5. The Project has grown significantly and now serves 8 child development centers as the social-emotional learning component of the United Way Success By 6 Project.

The primary focus of the IEC placement is to provide consultation to staff and parents in child development centers that serve high-need families. Interns will collaborate with early childhood staff and families in order to prevent challenging behavior and to enhance the social and emotional development of the children in the center. You will gain specialized knowledge in infant and early childhood mental health and learn to provide multiple levels of intervention in a unique setting. Interns in the Project are able to participate in monthly group supervision with other IEC consultants/interns, as well.

Interns will also have the opportunity to provide individual and family therapy to a caseload of three clients, in addition to the 6-7 hours of consultation in centers per week. Interns will learn about theoretical modalities including: trauma-focused cognitive behavioral therapy (TF-CBT), solution focused therapy (SFT), structural family therapy, parent-child interaction therapy (PCIT), child and family traumatic stress intervention (CFTSI) and other theories. Interns are offered weekly one-on-one supervision with a social worker and will also attend a two hour per week Student Seminar, which includes interns from other disciplines. ACGC offers trainings which often include topics such as: motivational interviewing, TF-CBT, PCIT, safety planning, parent coaching, treating non-suicidal self-injury, working with immigrant families, counseling from a cultural humility perspective, using self-disclosure in therapy, race-based trauma, use of medications to support therapy, treating anxiety, and interventions for depression. These trainings are valued at over \$1,500. Additionally, you will participate in Interdisciplinary Case Staffing Meetings where cases are presented by staff and interns.



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IEC Final Field Time Commitment

Fall Semester (Volunteer their time in fall semester)

- Shadow IEC Program Supervisor 3-4 times throughout semester (required)
- Attend student seminar – every Thursday from 12:30-2:30 (required)
- Attend Interdisciplinary Case Staffings – 1st and 3rd Thursdays each month from 10-11 AM (recommended)

Spring/Summer Semesters (All Required) – 20 hours/week

- Carry caseload of 3 clients onsite – flexible schedule available, but some evening availability is recommended. Center is open M-Th 8-8; Fri 8-6 PM
 - Serve up to 2 child development center with 6-7 hours of consultation/week – **Required schedule of two mornings and one afternoon per week**
 - Provide one staff or parent training at assigned child development center
 - Attend All-Staff Meeting – 1st Thursday of each month from 11 AM-noon
 - Attend Student Seminar – every Thursday from 12:30-2:30 PM (*it should be noted that student seminar may not take place in the summer, but only in the fall/spring*)
 - Participate in four sessions of the Walk-In Clinic on Tuesdays or Fridays.
 - Co-facilitate one group – schedule varies
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