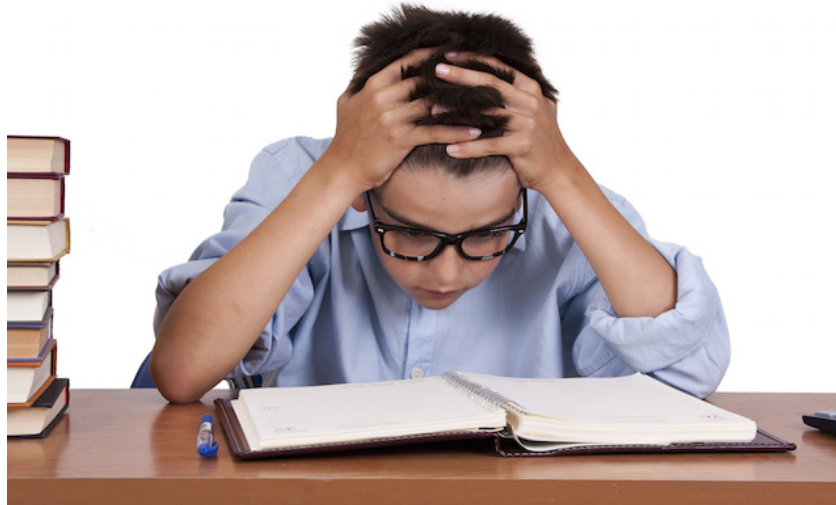




Parent Workshop: Test Anxiety



In this presentation, parents will learn how to recognize if their child is experiencing normal nervousness before a test or something more intense - test anxiety. Parents will leave this presentation with knowledge of different strategies they can use to support their child if they experience test anxiety.

Who: Parents and Guardians of children from elementary to high school

When: Tuesday, February 11th from 6:00-7:30 PM

Where: Austin Child Guidance Center – Conference Room
810 West 45th Street
Austin, Texas 78751

Cost: \$20 per person

Childcare: Limited volunteer childcare available for children over two years old at no cost. Volunteers will be available to assist in the waiting area for a limited number of children. Childcare sign up is **required** at registration.

To Register please visit:

www.austinchildguidance.org

Click on **News & Events- Event Calender** to see all of the workshops