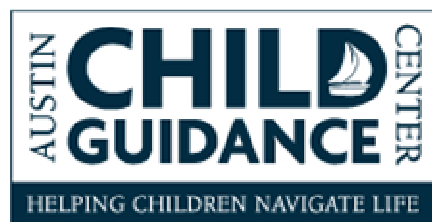


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## The Lookout

**Austin Child Guidance Center's  
E-Newsletter**

**February 2011**

### In This Issue

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Exceeds Goal**

**ACGC Yard Sale**

**Trainings and Workshops**

**Client Success Story**

**Thank YOU, Supporters!**

### Quick Links

**[2009 Annual Report](#)**

### **Austin Child Guidance Center Celebrates 60 Years**

The Austin Child Guidance Center began serving the community in 1951. Over the past sixty years, we have provided mental health services to over 130,000 children and families in central Texas.

Later this year (late October), we will be hosting a gathering and celebration to mark this momentous milestone.

Please let Executive Director [Russell Smith](#) know if you are interested in helping out with our 60th Anniversary celebration, if you have a great story to share about the center, or to make sure we have your name on the invitations list for the event.



### **Endowment Campaign Exceeds Goal!**

Austin Child Guidance Center successfully completed our five-year endowment campaign in December. We had a challenge program to raise \$100,000 for an endowment through the Austin Community Foundation, where they matched \$1 for every \$4 donated. Thanks to everyone who helped us raise a total of \$106,000! This is an amazing base to build on, and helps ensure ACGC can serve the community for the next 60 years (and beyond). If you would like to help us continue to build our endowment, click [HERE](#).

## Save the Date and Save Your Stuff ACGC Yard Sale Saturday, April 16th

Through sixty years of service to central Texas, ACGC has collected an impressive amount of...treasures. On **Saturday, April 16th**, we will be holding a yard sale to connect some of these gently-used treasures with new owners. We are also seeking donations of yard-sale worthy stuff from people who want to clear out their garage, attic, or storage rooms while helping support Austin Child Guidance Center. Proceeds from the yard sale will be used to paint and update the building, re-upholster chairs, and generally make our space brighter and fresher.

The Yard Sale will be a large, fun community event, held at our central location at 45th and Lamar. Please let [Sherry Michalenko](#) know if you have items to donate (and to coordinate delivery), and make sure to mark your calendars for April 16th.

## ACGC Offering Training and Workshops

In addition to providing the highest quality mental health services to children, youth and families, the Austin Child Guidance Center provides cutting-edge trainings for mental health professionals in Central Texas. Recent workshops have included "Trauma Focused Cognitive Behavioral Therapy" presented by Dr. Lynn Monnatt from the Texas Child Study Center, and "Beyond Birds and Bees: Healthy Childhood Sexual Development and How to Talk About It With Your Clients" by Katie Malinski, LCSW.

Stay tuned for exciting news about a new series of workshops we are developing for parents and community members focusing on a wide range of topics related to parenting, stress, behavior management, siblings, and more.

To learn more about our upcoming trainings and workshops, contact [Julia Hoke](#).

## Client Success Story

*ACGC is committed to providing high-quality, professional mental health services to Austin/Travis County children and families, regardless of their ability to pay. Common presenting problems are disruptive behavior, trauma, depression, anxiety, and parent-child relationships. With each e-newsletter, ACGC shares a story about a recent client's success in therapy.*

Carter's mother brought her 6-year old son to ACGC because she was concerned about his aggressive behavior. Carter's behavior at school and with his peers often got him into trouble which negatively impacted his school performance. The family was able to receive various services at ACGC, despite their limited financial capacity. Through family therapy, the mother and son were able to deal with the family violence in their home and found ways to interact in non-aggressive ways. In addition, Carter was able to participate in group therapy with peers his age authoring, directing, and performing a play. The group worked on social skills, problem solving, and peer relations. In the last session, the children proudly presented the play to their equally proud parents displaying their progress. Carter was able to finish therapy and significantly improve his interactions with others and performance at school.

*To learn more about ACGC's services and sliding fee scale, visit our website at [www.austinchildguidance.org](http://www.austinchildguidance.org).*

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YOU MAKE OUR WORK POSSIBLE

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