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## The Lookout

Austin Child Guidance Center's E-Newsletter  
Winter 2006

### Greetings!

Welcome to Austin Child Guidance Center's quarterly email newsletter! The year 2006 began with us honoring many of our outstanding supporters. These individuals and organizations not only make a difference in the lives of Austin Child Guidance Center's families, but also for the betterment of our entire community. In January we received a significant grant from a local foundation for the second year in a row. You can also read about one child Austin Child Guidance Center helped that impacted his ability to be successful in school and increase his own self-confidence. At the very bottom, is a new opportunity starting in 2006 to make a gift to Austin Child Guidance Center's endowment and have your gift matched. Thank you for your interest in Austin Child Guidance Center and we look forward to another successful year! Please feel free to contact me at anytime at 512-451-2242 or [dzappone@austinchildguidance.org](mailto:dzappone@austinchildguidance.org).

Executive Director Donald J. Zappone, Dr.P.H.

### In this issue

- Jason's Self-Esteem Grows
- Awards Presented to Outstanding Supporters
- Annual Seminar Focuses on Treating Secret Wounds
- Navigator Society Accepting Members
- Topfer Foundation Awards \$60,000
- Introducing Our 2006 Board of Directors

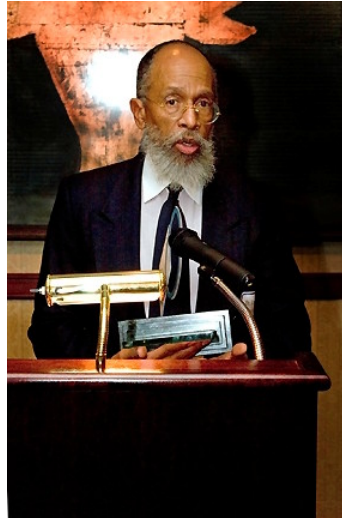
### Awards Presented to Outstanding Supporters

### Jason's Self-Esteem Grows



The following story demonstrates how Austin Child Guidance Center's psychological assessment helped a child. Psychological assessments are a specialized, in-depth service that can be expensive. Because of Austin Child Guidance Center's sliding fee scale, families can afford the service that they otherwise might not have been able to

At Austin Child Guidance Center's Annual Meeting and Awards Dinner in January, awards were presented to two outstanding supporters of children's mental health issues. The Christine W. Anderson Children's Service Award was presented to King Davis, Ph.D. (pictured), executive director of the Hogg Foundation for Mental Health. The foundation awarded a \$100,000 grant in 2005 to support Austin Child Guidance Center's psychological and psychiatric services. The Outstanding Corporate Support Award was presented to Silicon Laboratories because of their significant financial contributions to Austin Child Guidance Center's Holiday Classic TV Special and the First Annual Charting a Course of Hope Luncheon.



## Annual Seminar Focuses on Treating Secret Wounds

On February 24, 2006, Austin Child Guidance Center is pleased to host its 23rd Annual Children's Mental Health Seminar featuring nationally-recognized Scott P. Sells, Ph.D. He is presenting *Undercurrent Therapy: Treating the Secret Wounds of Kids and Adults*. The all-day workshop will teach mental health professionals how to decipher the secret language of undercurrents – secret wounds such as un mourned losses, abandonment, violence, and other family secrets. Sells is the founder of the Savannah Family Institute and author of "Parenting Your Out-Of- Control Teenager" and "Treating the Tough Adolescent."

[For more info or to register...](#)

## Navigator Society Accepting Members

access.

Jason is an 8-year old boy. He did not think very highly of himself. His classmates often bullied and picked on him. He would often be found hiding in the corner of the classroom. Jason was easily angered, got into fights with his peers, and refused to do his assignments. His mother was also worried about a family history of mental illness. He comes from a family with 3 generations of mental illness including schizophrenia, severe depression, and suicide.

At the Austin Child Guidance Center, Jason received a psychological assessment to test him for mental illness. The assessment revealed nothing of the sort. The primary finding was that Jason had severe dyslexia. He was actually above average intelligence that was masked by his learning disability. His behaviors at school were related to the huge level of stress Jason was experiencing trying to complete assignments he could not read. Due to the assessment's finding, Jason and his family were connected with additional services at his school and at the Scottish Rite Dyslexia Program to help him succeed. Jason is now a



Pictured left to right: John Olsson, Suzy Spencer, John Flowers and Kay Wong, Tom and Kathryn Williamson, Patrick and Margene Beckham, Donald and Jean Zappone, Dick and Sara Rathgeber.

In the fall, the Navigator Society was established with 15 founding members. Navigator Society members understand the importance of long-term support of the Center and pledge at least \$1,000/year for 5 years. Pictured above are some of the Navigator Society members holding crystal sailboats etched with Austin Child Guidance Center's logo. The unique art pieces were presented to the members at the Annual Meeting and Awards Dinner. To learn more about how you can join the Navigator Society, please contact Josie Kluth at 512-451-2242 or [ijkluth@austinchildguidance.org](mailto:ijkluth@austinchildguidance.org).

## Topfer Foundation Awards \$60,000

For a second year in a row, Austin Child Guidance Center has been the recipient of a grant from the Topfer Family Foundation. In January, \$60,000 was awarded to support Austin Child Guidance Center's specialized mental health services to children, adolescents, and their families. The Topfer Family Foundation is committed to helping people connect to the tools and resources needed to build self-sufficient and fulfilling lives. Austin Child Guidance Center is proud to partner with the Topfer Family Foundation again this year and thanks them for their continued support!

## Introducing Our 2006 Board of Directors

happier child, his self-esteem is growing, and he gets along better with his peers.

[For more info on our services...](#)

**Join our mailing list!**

Join

This year will be to be a dynamic year with a strong Board of Directors. The 2006 leadership includes David Zodikoff as Board President, Kathryn Kramer, Ph.D. as Vice President, and Will Shapiro as Treasurer and Secretary. Zodikoff is the Director of Business Systems at Whole Foods Market. Kramer is the Assistant Dean for Resource Development at The University of Texas at Austin School of Social Work. Shapiro is a Structured Settlement Broker at The Settlement Services Group. Other Board members include Brenda Barrett Healey, an attorney at Clark, Thomas, & Winters; Beth Marsh, owner of Sign Effects; James Maynard, M.D., a child psychiatrist; Anne Nelson, Ph.D., Head of Psychological Services at Eanes I.S.D.; and Selia Servín-López, Psy.D., Assistant Director of the Psychological Services Center at St. Edward's University.

[For Board membership list...](#)

email: [jkluth@austinchildguidance.org](mailto:jkluth@austinchildguidance.org)

phone: 512-451-2242

web: <http://www.austinchildguidance.org>

## Endowment Matching Gift

I am making this donation to support Austin Child Guidance Center's endowment. For every \$4 I donate, the Austin Community Foundation will match with an additional \$1

\_\_\_\_\_ (name)  
\_\_\_\_\_ (address)  
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**\*Make check payable to "Austin Community Foundation" and write "ACGC Endowment" in the note. Mail with coupon to: ACGC, 810 W. 45th Street, Austin, TX 78751. For more info or to donate over the phone, call Josie Kluth at 512-451-2242.**

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